



WholeHearted School Counseling

I SPY coping strategies

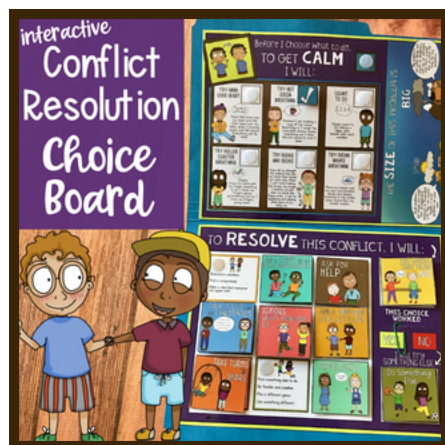


How many of the following coping strategies can you find?
What do you think each symbol/image means?

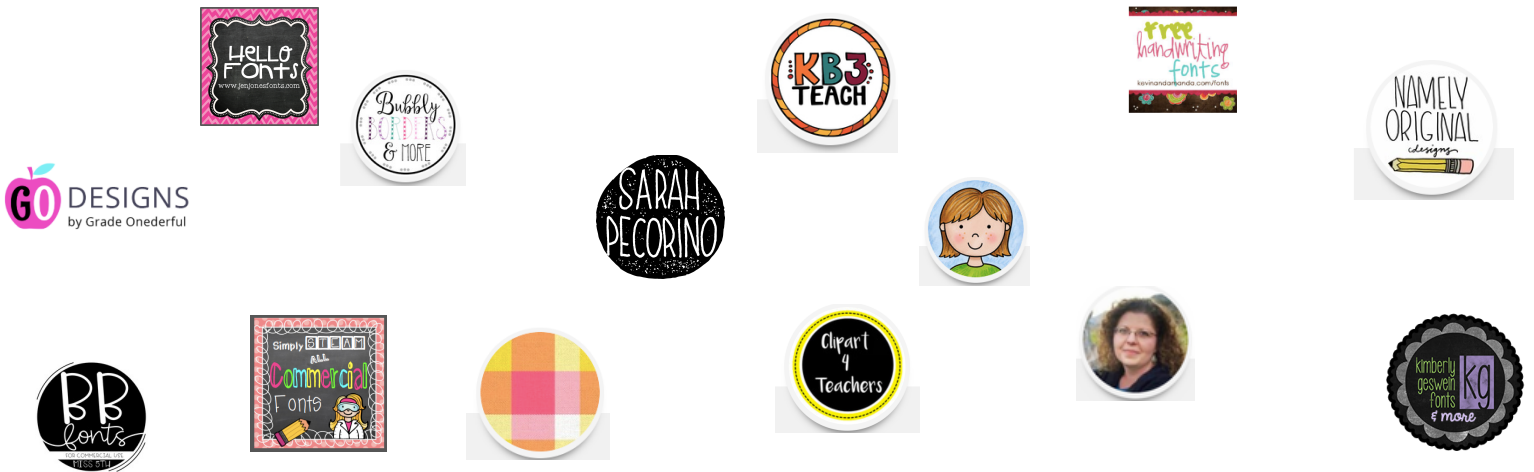
- | | | | | | |
|---|---|---|---|---|---|
| 4 | 5 | 5 | 7 | 3 | 4 |
| 5 | 4 | 4 | 6 | 4 | 2 |
| 6 | 3 | 3 | 3 | 6 | 5 |

If you are looking for more ways to support the young ones in your life....

You May Also Enjoy...



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